LIGHTHOUSE Run

Team Divisions

Anyone is eligible to form a team. At least six (4-mile) or four (10-mile) team members must cross the finish line to place in the team standings. You may enter a team in one of the three divisions:

- COMPETITIVE CORPORATE- All Team members must be an employee receiving a W2 from that particular business/ corporation.
- **COMPETITIVE OPEN** All others
- NON-COMPETITIVE FUN RUN/WALK- For the Modine Fun/Run Walk

Race Distances

Participants can choose from 4 routes:

- 2-mile or 4-mile Fun Run/Walk
- 4-mile Competitive or
- 10-mile Competitive

Post-race Festivities

Post-race festivities will take place on the Lake Michigan Pathway at the Double Tree Hotel Conference Center. There will be beverages, athletic drink, water, fruit and snacks until the awards begin at approximately 10:30 a.m.

Kids Power Race

The **Kids Power Race** is for kids 10 under at 10:00, on the Lake Michigan Pathway. All participants will be given medals when they finish. There is no entry fee for and parents may sign-up their children at packet pick up or at the starting line of the dash up to 9:45am.

WORKPLACE WELLNESS PROGRAM PARTNERSHIPS

Are you involved with a workplace wellness program? We'd love to help!

Here's how it works:

Contact us with your workplace information. supportstaff@5Kevents.org

We will create a code for your wellness members to use at registration checkout that will waive or discount the registration fee. You can offer any discount amount your workplace wellness program allows. The day after the race, we will send you an invoice that can be paid online.

GENERAL RACE FACTS

Date: Saturday, June 17, 2023

Starting Times:

Wheelchair 7:45am

10-mile Competitive 8:00am

4-mile Competitive 8:15am

2 & 4-mile Fun Run Walk 8:20am

Kids Power Race 10:00am

Start Line:

Double Tree Hotel – Lake Michigan Pathway 223 Gas Light Circle, Racine, WI 53403

Finish Line:

Double Tree Hotel – Lake Michigan Pathway 223 Gas Light Circle, Racine, WI 53403

Awards Presentation-Post Race Activities:

Double Tree Hotel – Lake Michigan Pathway 223 Gas Light Circle, Racine, WI 53403 Enjoy refreshments and awards presentation.

Team Awards

Traveling Team Trophies will be awarded to the winning teams in the Corporate and Open divisions in the 4 mile and 10 mile Competitive Runs. The scoring members of the top five teams will also receive an individual medal. Team scoring is based on the combined time of the team's first six eligible runners (4 mile) or first four eligible runners (10 mile).

VISIT OUR WEB SITE..... www.RacineLighthouse.run

1. Recruit a Team

It's time to show your spirit, show your pride, show awareness, and have fun together as a community while supporting the Racine Family YMCA and other local charities.

2. Collect Registrations/Fees

Collect entry for	rms, make su	re all forms are signed, t-shi i	t and race are filled out
Collect entry fee	e from each p	participants	
Before May 31	4 Mile: \$30	10 Mile Competitive: \$40	Fun Run-Walk: \$25
After May 31	4 Mile: \$35	10 Mile Competitive: \$45	Fun Run-Walk: \$30
Collect team en	try fee from i	participants or team compan	v/organization (see checklist for price

3. Complete Team Packet

Complete Team Entry Form/Checklist (make sure all information is filled out & t-shirt count is correct)
Complete Captain's Team Roster
Make a copy for yourself.
Collect camera ready artwork for T-shirts, no larger than 11' x 11' black and white copy. The
more legible the image, the better the reproduction on the t-shirt. Email a high-resolution PDF
file of your artwork to supportstaff@5Kevents.org

Deadline: May 15th for inclusion on T- shirts

4. Mail or Drop off Completed Team Packet to

5Kevents.org c/o YMCA LHR 1318 North Main Street Racine, WI 53402

☐ Team Entry Form/Checklist

Include:

All Individual Entry Forms (signed and filled out	t)			
All Individual Entry Fees				
Captain's Team Roster				
Camera Ready Artwork (Black & White copy or	PDF as an em	nailed to: sup	portstaff@5K	events.org

5. Team Packet Pickup

Once your packets are ready for pickup, we will contact you.

Packets turned in before Friday, June 1, 2023, can be delivered to the captain.

Any questions, please contact Lighthouse Run at supportstaff@5Kevents.org

6. Defer, Transfer, Edit, Change Categories, Manage Teams

For online registration only. Mail in Registrations must email us at SupportStaff@5Kevents.org **STEP 1:** Click on the "Manage my registration" at www.RacineLighthouse.run

STEP 2: Select your option. These will be listed in the menu

Changes must be made 7 days before the event.

TEAM CHECKLIST

Deadlines:

Before May 31, 2023 (for logo on T-shirts & delivery of Team Shirts) After June 1, 2023 (no logo/no delivery of T-shirts)

(no logo/no delivery of 1-shirts)
Team entry form Select a Division(s): Competitive Corporate (4 or 10 mile comp) Competitive Open (4 or 10 mile comp) Non-Competitive (2 or 4 mile Fun Run/Walk)
Organization's Name
Team Name
Team Captain Name
Address
(No P.O. Boxes, please) City, State, Zip
Captain's Day Phone
Captain's E-Mail
T-shirt order Sizes (T-shirt orders will be filled according to sizes below-please verify your total count!)
Youth Small (6-8) Youth Medium (10-12) Youth Large (12-14) Adult Small Adult Medium Adult Large Adult X-Large Adult XX-Large (add \$5 per XXL shirt)
Total # of participants on your team

CHIP Timing

Runners in the 4- & 10-Mile competitive runs will be issued a race number with a RFID Shoe / Bib Tag

attached. Runners must have their race number worn on their chest to be timed. The Bib Tag is disposable and it does not have to be returned.

Entry Fee

Please fill in number of team members per category:

		Fee		
Total # Fun Run/Walk	X	\$25/30	II	\$
Total # 4 Mi	X	\$30/35	Ш	\$
Total # 10 Mi	X	\$40/45	Ш	\$
Total # XXL T-shirt	X	\$5.00	П	\$
Team Fee (see below)			+	\$
TOTAL Fee due				\$

	COMMENTS	
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Please make a photocopy of this form for your records

Our Company is participating in the Racine
Family Corporate Cup Challenge
Yes No
Would you like someone to contact you with
more information? Yes No

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ENTRY AND RELEASE OF ALL CLAIMS: In consideration of the acceptance of my entry in the Lighthouse Run on June 17, 2023, I release Lee Enterprises, Inc., publisher of The Journal Times, the Racine Family YMCA, 5Kevents.org and other presenting or supporting sponsors and their respective employees and agents, and any other individuals who are in any way connected with this event (including volunteers assisting with the event) from any liability or claims for any injury or illness that I sustain during my participation in this event or that is in any other way related to this event. I understand that this release applies to myself and my personal representatives, heirs and assigns. I represent that I have adequately trained to participate in this event, recognize that risks of injury accompany such participation and acknowledge that this release is being relied upon by the above persons in permitting me to participate. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature Date

Entry blank must be signed by participant. If participant is under 18 years of age, signature of legal guardian is required.